

## Ongoing Volunteer Opportunities

**Community Centers & ACC (Charlottesville, Albemarle, Fluvanna, Greene, Louisa, Nelson):** Arts & Crafts, Entertainment, Activities with Seniors, Special Programs

**Health/Nutrition:** Food Bag Program, Home Delivered Meals, Congregate Meals

**Companionship/Outreach:** Friendly Visiting, Phone Buddy, Ombudsman, Medicare Counseling, Transportation, Pet Therapy, Home Repairs

**Building Community:** Admin/Office Help, Grant Writing, Special Events, Thrift Store, Planning & Development, Community Partnerships, Food Initiatives, Housing Initiatives, Health Programs, Disaster Preparedness, Public Policy Advocate, Volunteer Leadership

**Intergenerational:** Recreation Programs, Tutoring (FISH), Special Projects

*JABA's Volunteer Services Department gives you the opportunity to become a humanitarian in your own backyard*

VOLUNTEERS are  
the ♥ of JABA  
[www.jabacares.org](http://www.jabacares.org)



## Community Partner Opportunities

The YMCA is looking for someone to help man their front desk during the week. Hours are flexible, for more information; contact Mallory Dunn at [mdunn@piedmontymca.org](mailto:mdunn@piedmontymca.org) or 974-9622.

The Virginia Discovery Museum needs weekend volunteers to assist with their front desk. Contact Margie Rein at [vol@vadm.org](mailto:vol@vadm.org) Or at 977-1025.

## Community Events

***Art and Jewelry Sale at Twice is Nice***

Monday, November 9, 2009, 3:30 to 6:00 pm.

Please join us for an afternoon of special shopping featuring fine jewelry and art works. All proceeds benefit Mountainside Senior Living. For more information, check out their website at [www.twiceisnicestore.org](http://www.twiceisnicestore.org)

***"Livable Communities: Opportunities for Successful Aging"***

The Institute on Aging Presents Elinor Ginzler

Senior Vice President for Livable Communities, AARP

Wednesday, November 11, 2009, 2:00 pm

Doubletree Hotel, 990 Hilton Heights Road, Charlottesville

Reception to follow

***JABA's Annual Senior Prom***

Friday, November 20, 2009, Carver Rec Center, 9 am to 2 pm

Sponsored by All JABA Community Centers

Come dance the day away!

Catering by Top Broccoli, Our own Judy Berger will be DJ.

\$12 a person, RSVP by 11/13 to [jberger@jabacares.org](mailto:jberger@jabacares.org) or 817.5234

Contact  
**Martha Williams**  
**434-817-5245**  
[mwilliams@jabacares.org](mailto:mwilliams@jabacares.org)



## Immediate Opportunities

Volunteers are needed to help clear and set up activities for the next day at Mary Williams Community Center, Mondays through Thursdays, 1-4 pm.

JABA needs help in our commercial kitchens, both with Top Broccoli and at our Greene & Louisa County Community Centers. Hours range from as needed to Tuesday, Wednesday Thursday, 10 am to 1:30 pm.

A Home Delivered Meals driver for the month of December in Nelson County. Commitment is bi-weekly, for the month of December only.